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Dr. Dean Ornish is the first clinician to offer documented proof that heart disease can be halted, or even reversed, simply by changing your lifestyle. Based on his internationally acclaimed scientific study, which has now been ongoing for years, Dr. Ornish's program has yielded amazing results.

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Dr. Ornish's Program for Reversing Heart Disease ® is the first program scientifically proven to “undo” (reverse) heart disease by making comprehensive lifestyle changes. UnDo Your Heart Disease Intensive Cardiac Rehab

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About Dr. Dean Ornish ' s Program for Reversing Heart Disease. The Ornish Diet has been named the “ #1 best diet for heart disease ” by U.S. News & World Report for seven consecutive years! Dr. Dean Ornish is the first clinician to offer documented proof that heart disease can be halted, or even reversed, simply by changing your lifestyle.

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~~Reversing Heart Disease & Other Books | Dean Ornish, MD~~

In this powerful Op Ed piece in the New York Times, Dr. Dean Ornish sets the record straight, explaining, alas, that “bacon and egg yolks are not health foods,” and the truth is that Americans are actually consuming more fat, meat, and sugar than ever before.

~~Dr. Dean Ornish in New York Times – Ornish Lifestyle Medicine~~

Dr. Dean Ornish is the first clinician to offer documented proof that heart disease can be halted, or even reversed, simply by changing your lifestyle. Based on his internationally acclaimed scientific study, which has now been ongoing for years, Dr. Ornish's program has yielded amazing results.

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Dr. Ornish is the first clinician to offer documented proof that heart disease can be halted or reversed simply by lifestyle change. Based on his internationally acclaimed scientific study, Dr. Ornish's program has yielded amazing results. The Journal of the American Medical Association will publish the results of Ornish's program on September 20.

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After his medical training Ornish founded the Preventive Medicine Research Institute and has widely promoted his Ornish Lifestyle Program. the website of which claims: Dr. Ornish ' s Program for Reversing Heart Disease® is the first program scientifically proven to “ undo ” (reverse) heart disease by making comprehensive lifestyle changes.

~~Is Dean Ornish's Lifestyle Program "Scientifically Proven ...~~

Dr. Dean Ornish's Program for Reversing Heart Disease: The Only System Scientifically Proven to Reverse Heart Disease Without Drugs or Surgery Mass Market Paperback – Illustrated, 30 December 1995. Find all the books, read about the author, and more.

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The Ornish Diet was created in 1977 by Dr. Dean Ornish – a clinical professor of medicine at the University of California, San Francisco, and founder of the nonprofit Preventive Medicine Research...

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Yes, Dr. Ornish ' s The Spectrum works. It works for anyone, but it targets those with or at risk of heart disease. This program includes a step-wise approach to nutrition that starts as a very- low...

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Dr. Dean Ornish is the first clinician to offer documented proof that heart disease can be halted, or even reversed, simply by changing your lifestyle. Based on his internationally acclaimed scientific study, which has now been ongoing for years, Dr. Ornish's program has yielded amazing results.

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Dr. Dean Vafiadis received his dental degree and Prosthodontic specialty training at New York University College of Dentistry. He is currently the Director of the Full-Mouth Rehabilitation CE course at NYU. He is an Associate Professor of Prosthodontics at NYU College of Dentistry.

~~Dr. Dean Vafiadis~~

Kathryn Dean, M.D is a radiologist specializing in emergency and neurologic imaging. She is an Assistant Professor at Weill Cornell Medicine and Assistant Attending Radiologist at the NewYork-Presbyterian Hospital-Weill Cornell Campus. Dr. Dean earned her B.S. in biology summa cum laude from Denison University in 2007.

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